



**LCDR Joshua M. Adams, U.S. Navy
NAMI AOIC
Navy Medicine Operational Training Command**

LCDR Josh Adams is a Navy Son, raised in Bremerton Washington where he attended high school prior to receiving his bachelor's degree from Eastern Oregon University in 2007. Following his undergraduate work, Adams completed his coursework for a Master of Science at Boise State University in Exercise Science in 2010 and successfully defended his thesis in 2012. He also attended Idaho State University's Master of Physician Assistant Studies program graduating in 2012. Adams earned his commission into the Navy that fall as a direct accession. His first assignment was Naval Hospital Camp Lejeune where he practiced family medicine at MCAS New River as well as active-duty medicine at Camp Johnson.



In 2014, LTJG Adams reported to 7th Marines in Twentynine Palms, CA and was assigned role of Battalion Surgeon for 2d Bn 7th Marines, deploying to CENTCOM, and earning his FMF warfare qualification in support of combat operations during Operation Inherent Resolve - Task Force Al Asad in Iraq. LT Adams returned to serve as 7th Marines Regimental Surgeon before resuming the duties of Battalion Surgeon during the reactivation of 3d Bn 4th Marines in 2016.

LT Adams reported to Naval Hospital Camp Pendleton where he assumed the position of Division Officer for two Sports Medicine and Rehabilitation Clinics offering advanced diagnostics and treatment of non-surgical musculoskeletal injuries. Adams was then selected to attend the Naval Aerospace Medical Institute in 2018 where he completed the Aeromedical Officer program and was designated as Aerospace Physician Assistant #8.

Following APA designation, LCDR Adams was Medical Department Head for Carrier Wing EIGHT at NAS Oceana carrying out garrison and carrier based medical support aboard USS Gerald R. Ford. Here he participated in several shore-based detachments and underway periods to prepare the newest class of aircraft carrier to deploy.

LCDR Adams is currently fulfilling a consecutive aviation medicine billet at NMOTC Det. NAMI in Pensacola, FL where he was the lead Aeromedical Officer for 53Px prior to selection as the Assistant Officer in Charge.

LCDR Adams is married to his wife Sean of 13 years and father to their three children Andie (14), Alexander (9), and Ashton (8). LCDR Adams enjoys many outdoor activities to include cycling, swimming, and bird hunting, as well as various roles in mentoring and coaching.

